

HUMPBACK ROCKS

MILEPOST
6

Searching for Stuff around the Farm

In the word search below, look for these items that you have seen on the farm at Humpback Rocks:

Hearth
Lye Hopper
Chicken
Dulcimer
Spring House

Split Rail
Flax
Shaving Horse
Rope Bed
Walnuts

S	H	A	V	I	N	G	H	O	R	S	E
P	E	O	S	T	U	N	L	A	W	M	D
R	A	N	L	T	U	S	P	U	E	U	R
I	R	A	D	S	V	I	N	X	L	L	E
N	T	R	S	T	V	L	O	C	E	A	P
G	H	O	R	N	A	T	I	S	C	D	P
H	Z	Y	M	L	O	M	R	S	T	U	O
O	L	D	E	B	E	P	O	R	A	B	H
U	A	B	R	R	T	U	X	A	L	F	E
S	N	E	K	C	I	H	C	N	R	O	Y
E	L	L	I	A	R	T	I	L	P	S	L

Humpback Rocks Farm

If you are looking for a ridgetop ride, you've come to the right place! The Parkway is a long, skinny national park, and here it follows the very top of the ridge. In many places, you can see long distances looking both east and west. Do you like history? Visit Humpback Rocks (Milepost 5.8)



A small railroad at Yankee Horse Ridge

and see how folks lived here in the late 1800s.

The railroad tracks at Yankee Horse Ridge (Milepost 34) and the story of the Howardsville Turnpike at the visitor center explain how people have traveled in the mountains over the years. If birds and animals, or stories about the ancient rocks of the Blue Ridge are more to your liking, walk the short trail to Humpback Rocks (Milepost 6) or stop at Greenstone Overlook (Milepost 8.8). Driving south, you travel through two national forests, the George Washington and the Jefferson, both named for Virginia-born presidents. Explore and enjoy the northernmost end of the Parkway!



Traveling Through the Country

HUMPBACK ROCKS FARM may seem like an isolated place today. But if you lived here in the 1840s, you would see a lot of activity on the Howardsville Turnpike, where wagons crossed between the Shenandoah Valley and the east side of the Blue Ridge.



OINR ROE: _____
 PPALES: _____
 KEYSRUT: _____
 GOSH: _____
 CTATLE: _____

Unscramble the words at left to identify some of the items these wagon trains carried to markets on the east coast. You would have seen these things and more if you lived at this farm.

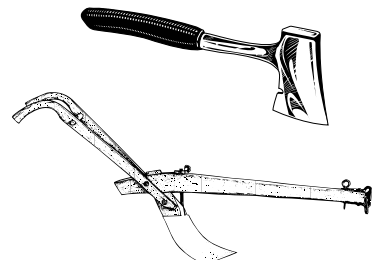
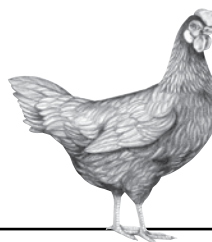
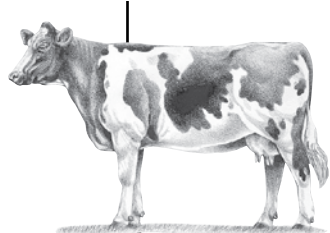
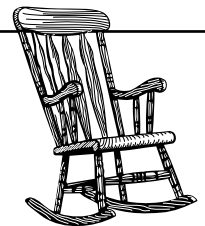
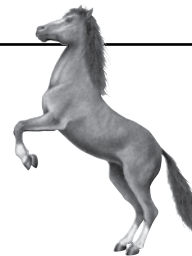
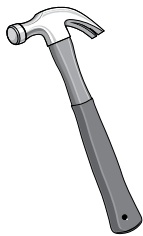
Living on the Farm - 1890s Style



What are some things your house has that this cabin has?:

What items or luxuries would you miss most if you lived in a cabin instead of your home? _____

Circle some items the earlier settlers would have needed to bring with them to settle in the mountains:



CUTTING THROUGH THE MOUNTAINS

The Parkway crosses over the James River here and dips to its lowest elevation, only 649 feet above sea level. Because of this, the vegetation, climate, and animal life are very different. The James creates a great “water gap” where it cuts through the mountains. You can see this gap while standing on the walkway across the river. This is perhaps the most historic waterway in Virginia. Can you imagine boats filled with people and supplies passing this way? Visitor center exhibits and a restored canal lock will help you see how these boats maneuvered through the mountains. You may hear a ranger telling the story of the struggle to build a canal connecting Richmond, VA with the Shenandoah Valley.



A cinquain (sing'kan) is a five-line poem with one word on the first line, two words on the second line, three words on the third line, four words on the fourth line, and one word on the fifth line. Write your poem in the space below using the following directions. Your poem can be about the James River or any other place on the Parkway. You can also do this activity about your favorite places at home.

- Line 1: The name of place (example: woods)
- Line 2: Two words that describe this place (example: cool, quiet)
- Line 3: Three words about what happens here (example: sunlight filters through)
- Line 4: Four words about what you like to do here (example: walking slowly all alone)
- Line 5: Write the same thing on the first line. (example: woods)

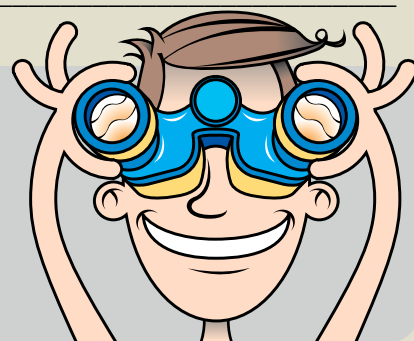
KEEPING TRACK

I visited James River on _____

I explored _____

I enjoyed _____

I discovered _____



Finding History at James River

james
river photo

*In the word search below,
look for these terms related to the
James River area...*

*Bateaux, Tow path, James River,
Tobacco, Canal, Lock, Kanawha,
Bridge, Packet boat, Passengers*

E	J	M	H	T	A	P	W	O	T
K	A	N	A	W	H	A	H	Y	A
O	M	Y	R	A	R	C	D	R	O
C	E	B	X	U	A	E	T	A	B
C	S	J	A	N	O	R	T	E	T
A	R	R	A	O	T	S	D	E	E
B	I	L	D	E	O	L	O	C	K
O	V	J	A	N	T	L	M	N	C
T	E	G	D	I	R	B	O	R	A
S	R	E	G	N	E	S	S	A	P

Getting From Here to There!

ORDER	What kind of Transportation do you see?	When was it developed?

People have always dreamed of travels and, while dreaming, they have come up with lots of new ways to get from one place to another. As you walk the footbridge across the James River, what kinds of transportation for humans or cargo do you see? Talk to a ranger or read the exhibits to put these in order of the years when they were used.



FINDING NEAT THINGS IN THE NATURE CENTER

How many types of live reptiles are there in the Nature Center? _____

How many types of venomous snakes live on the parkway? _____

How many bird nests are there in the Nature Center? _____

List three ways animals protect themselves:

1. _____

2. _____

3. _____



The Peaks of Otter has been a popular vacation spot for hundreds of years. Sharp Top, Flat Top, and Harkening Hill make up "the Peaks" and have been photographed, sketched, studied, and visited by some of Virginia's most famous residents, including Thomas Jefferson and Robert E. Lee. The mountains, streams, and the beautiful views from Sharp Top have brought people here from all over the world. There are great hiking trails here and one of them takes you to the top of Sharp Top. Get a map in the visitor center and explore the wonders of the Peaks of Otter area today.



flat top

harkening hill or
sharp top?

Find the following items in the Nature Center and check them off when you find them!

☐ an owl

☐ a fish

☐ a coyote pelt

☐ a turkey beard

☐ a bat

☐ a snake skin

☐ a deer antler

☐ a millipede

☐ a skull

KEEPING TRACK



I visited Peaks of Otter on _____

I explored _____

I enjoyed _____

I discovered _____

"Home Sweet Home" on the Johnson Farm



While visiting the Johnson Farm, list five things here that you have also seen in other historic houses you have visited on the Parkway or somewhere else:

1. _____
2. _____
3. _____
4. _____
5. _____

What are at least two things this house has in common with your house?

1. _____
2. _____

The "Lure" (or attraction) of the Peaks of Otter

Beginning at the ranger in the visitor center, find the path to the things that attract people here today including Sharp Top, Abbott Lake, Balance Rock and Peaks of Otter Lodge.

ROANOKE, ROCKY KNOB, MABRY MILL

MILEPOST

106-176

FROM LOW TO HIGH

As you travel along the Blue Ridge Parkway you will see that the terrain changes. Terrain means the way the land looks. In some places you will be traveling through low valleys and crossing rivers. In other places, you will be traveling along narrow ridges. In some places, you will be passing through rolling mountain farmland.

The terrain makes it easier or harder for people to do certain things. When the Blue Ridge Mountains were being settled people built bigger towns in low valleys and near rivers where it is easier to get around. People had small farms in the mountains where they could use the natural resources to make the things they needed. As you drive along the Parkway from the Roanoke Valley Virginia (MP 106 - MP 126) to Rocky Knob and Mabry Mill (MP 166 - 176), you will notice a lot of changes in the way the land looks and the way people live.



Look at the Blue Ridge Parkway Map and Guide and answer these questions

What river does the Blue Ridge Parkway cross near Roanoke?: _____

What elevation (feet above sea level) is the river? _____

What elevation is Rocky Knob? _____

Answer these questions with 1 for Roanoke Valley or 2 for Rocky Knob:

Where is it easier to build highways and train tracks? _____

Where are there more cars and trucks? _____

Where are there more farms? _____

Where are there fewer houses? _____

KEEPING TRACK

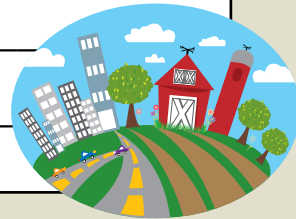
I visited Roanoke, Rocky Knob

and Mabry Mill on _____

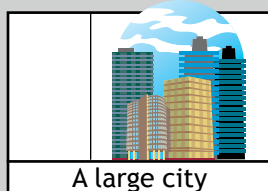
I explored _____

I enjoyed _____

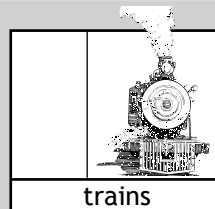
I discovered _____



In the box beside each picture below, put a 1 if it is something you could see in the Roanoke Valley. Put a 2 if it is something you could see at Rocky Knob. (some things might have a 1 and a 2). Put a start next to anything that YOU saw while traveling along the Parkway



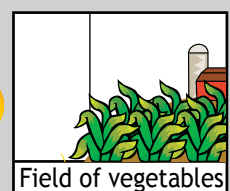
A large city



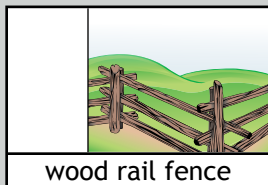
trains



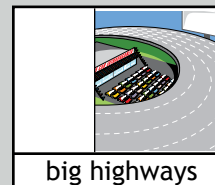
A small church



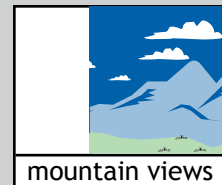
Field of vegetables



wood rail fence



big highways



mountain views

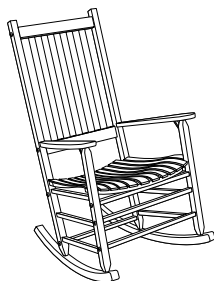


a wide river

Everybody has a job



In the Blue Ridge Mountains, people used the natural resources of the area and things that they grew on their farms to make many of the things that they needed. Different people learned different skills and often traded what they made with other people in the community. At Mabry Mill (Milepost 176) you can learn about the jobs that Ed and Lizzy Mabry did and some of the skills other people in the community had. You will also learn how they used the resources they had on hand to make the products they needed. Draw a line from each resource below through the job that someone did to the final products. Some resources will be used in more than one way, so for some things you can draw more than one line. One is done already.



Passing the time of day — with riddles

In past generations, many children in the mountains or other parts of America enjoyed riddles. Here are some from this area. The answers may be things you have seen or heard about on your visit here.

Big at the bottom, little at the top, something in the middle, goes Clippity Clop. **BTTURE CUNHR**

Has head but never sleeps, has a mouth but never speaks, always runs but never walks. **VIERR**

Round as a ball, sharp as anawl, lives all summer, dies in fall. **CTHNUSTE**

Once it was green and growing, now it's dead and singing. **FLEDID**



BLUE RIDGE MUSIC CENTER, CUMBERLAND KNOB

MILEPOST

213-217



At the Blue Ridge Music Center, you will learn about the traditional music people have played in the Blue Ridge for generations. Look around and talk to the rangers and musicians and learn about the stringed instruments people played this music on.

Draw a circle around the names of the musical instruments that you would find in a mountain music band:

Banjo	Drums	Trumpet	Fiddle	Guitar
Mandolin	Spoons	Bones	Bass	Oboe
Harp	Hamonica	Dulcimer	Clarinet	Flute

Match the stringed instruments below their descriptions. Draw a line from the instrument in the left column to its description in the right column.

BASS
FIDDLE



This instrument can be played with a pick or strummed, and plays the chords or the melody

GUITAR



This instrument originally came from Africa and is often played loud and fast

FIDDLE



This small instrument is strummed and has a high pitched sound.

BANJO



This instrument is played with bow and usually plays the melody of the tune

MANDOLIN

This instrument is used to keep the beat and has a big booming sound



KEEPING TRACK



I visited Blue Ridge Music Center and Cumberland Knob on _____

I explored _____

I enjoyed _____

I discovered _____

A People and Their Music



Can you find
a musician
at the Music
Cenyster who
can sing this
song for you
today?

Mountain songs tell about the people who lived
here and how they lived. The chorus of
"White Dove" goes like this—

In the deep rolling hills of old Virginia
Is a place that I love so well
Where I spent many days of my childhood
In a cabin where I used to dwell

Become a
Parkway
Songwriter

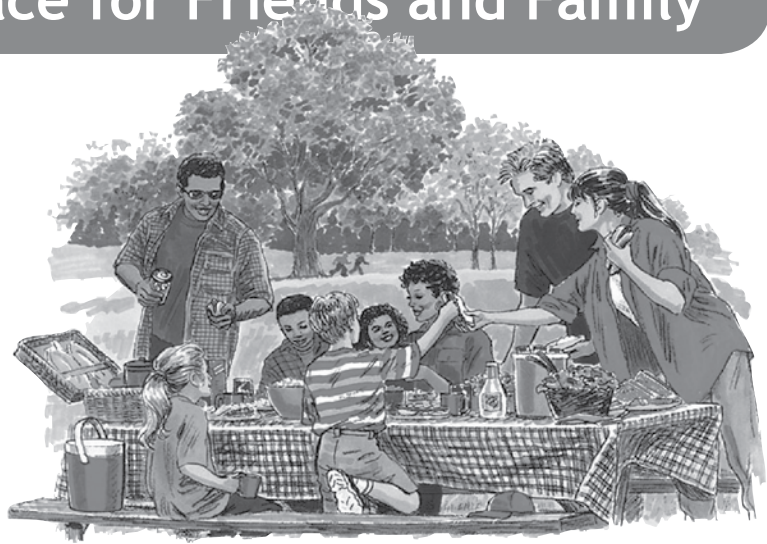
Write your own two-
lined chorus for a
song about the place
where you live!

Song title:

A Gathering Place for Friends and Family

Cumberland Knob was the first picnic area built on
the Blue Ridge Parkway. Friends, families and church
groups have gathered here for generations. Did you
see any gatherings of people here? How does this
gathering place compare to where you meet friends
and family?

Using the spaces below, write down
some of the things you enjoy doing with
your friends and family:



I like to go on a picnic with my _____

A game we play when my family gets together is _____

My favorite food to eat at a picnic is _____

My favorite place to go for a picnic is _____

I help out when we have a picnic by _____

BRINEGAR CABIN, DOUGHTON PARK

MILEPOST
238-246

HIDDEN ITEMS FROM CABIN AND FARM:

Every home or farm, including your own, tells us something about the personality of the people who live there. At the Brinegar Cabin, what items reveal the personality, skills, or character of Martin or Caroline Brinegar? In the picture to the right, you will find many tools, household goods, or other things you may have seen at the Brinegar Cabin or elsewhere along the Parkway. Can you find the following hidden items?



Auger
Fence

Ax

Buttern churn

Wooden bench

A spinning wheel

Some flax

Chisel
Rock wall

Cross cut saw

Apple butter paddle

A shuttle from a loom

Hoe

Basket of wool

KEEPING TRACK

I visited Brinegar Cabin and Doughton Park on _____

I explored _____

I enjoyed _____

I discovered _____

The Brinegars grew many of the things they needed in their garden. We still grow some of the same things in the garden that is there now. In the space after each thing the Brinegars needed, fill in the one of the crops that they grew from this list:

buckwheat broom corn sorghum corn pumpkin peppermint flax potato



Fiber for clothes _____

Jucie for syrup _____

Feed for cows _____

Root crop to eat in the winter _____

Tassels for brooms _____

Grain for bread _____

Leaves for medicine _____

Vegetables for pies _____

Become a Parkway Poet

A cinquain (sing' kan) is a five line poem with one word on the first line, two words on the second line, three words on the third line, four words on the fourth line, and one word on the fifth line.

Doughton Park (milepost 238-246) has more trails than any other part of the Blue Ridge Parkway. Some trails are long and steep and go along creeks and through forests. Some are easy to walk and pass through fields of wildflowers.

Take a walk on a trail on Doughton Park (or any Parkway Trail). Stop somewhere along the way to write a poem. You can also do this activity about your favorite places at home:



Write your
cinquain below:

Line 1: One word that names the kind of place where you are (woods)

Line 2: Two words that describe something you hear in this place (birds sing)

Line 3: Three words that describe something you see here (trees' green leaves)

Line 4: Four words that tell what you like to do here (climbing a high ridge)

Loine 5: Write the same word that is on the first line (woods)



Flat Top Manor is the place that the Cones chose to build as a vacation home. Why do you think they chose this place? How different were their reasons from your visit here today? How is this house different from others you have seen along the Parkway.... in its size, its design, other features?

KEEPING UP WITH THE FAMILY

Find the following names of Cone family members in the word search below:

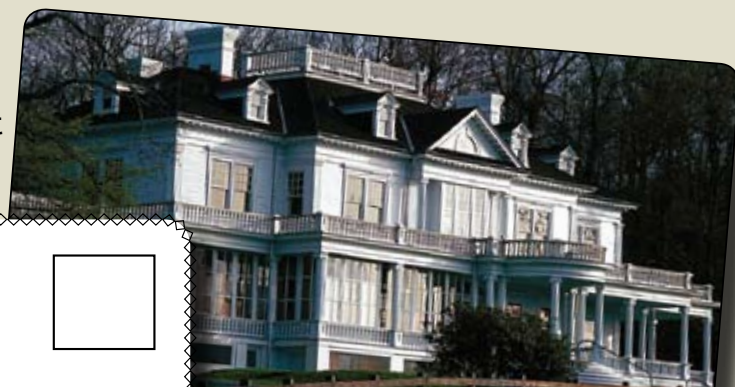
Moses H. Cone
Caesar Cone
Clementine
Sophie

Bertha Cone
Etta Cone
Herman Cone
Claribel Cone

H	Q	Z	P	J	N	H	Q	Y	F	M	O	I	K	C
E	N	L	O	B	D	J	S	E	M	O	W	G	I	L
R	V	R	V	K	X	L	I	U	G	S	J	Y	L	E
M	C	R	G	S	J	H	L	D	J	E	C	I	D	M
A	H	J	S	H	P	M	U	K	W	S	L	M	A	E
N	E	B	T	O	M	I	J	N	Q	H	Z	U	F	N
C	E	A	S	A	R	C	O	N	E	C	D	T	K	T
O	F	T	G	U	M	U	I	K	L	O	U	H	P	I
N	S	F	T	I	W	V	C	N	F	N	I	B	E	N
E	B	B	T	A	Z	N	U	W	E	E	R	U	V	E
X	I	E	N	O	C	L	E	B	I	R	A	L	C	X
Z	H	O	D	U	M	O	L	U	A	F	I	Q	O	W
I	R	P	X	E	I	K	N	L	W	G	Q	B	H	G
A	Q	C	V	S	U	R	M	E	N	W	L	G	E	G
E	N	O	C	A	H	T	R	E	B	O	L	B	I	R

WRITING HOME

Pretending you are a guest of the Cone family in the 1920s, write a postcard (the Cone's didn't know about email!) to a friend back home describing your visit!



Address

KEEPING TRACK

I visited Cone Price and
Linn Cove Viaduct on _____

I explored _____

I enjoyed _____

I discovered _____



Julian Price Park is filled with recreational activities like hiking, boating, picnicking and camping. During your visit, play this longer version of "I Spy" using all your senses.

I Spy Something _____

I Smell Something _____

I Hear Something _____

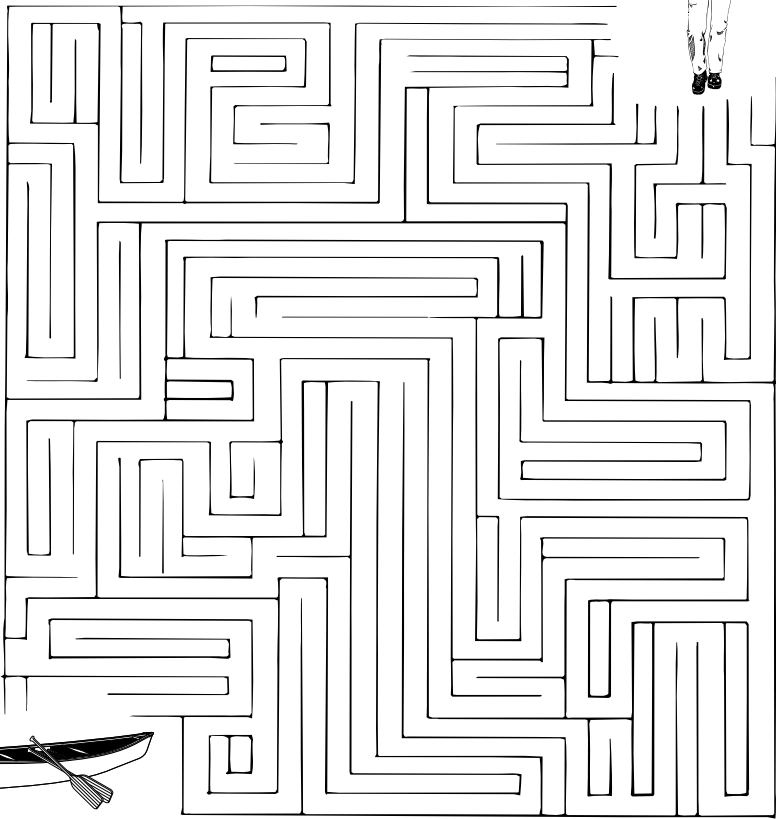
I Touched Something _____

I Tasted Something _____



Try using all your senses as you visit other parts of the Blue Ridge Parkway!

Help the Hiker Find His Canoe on Price Lake



This was the last part of the Parkway to be built. Unscramble the tiles to reveal its name:



EV UCT NN THE LI COV IAD

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LINVILLE FALLS, MINERALS MUSEUM, OVERMOUNTAIN MEN

MILEPOST

316-331

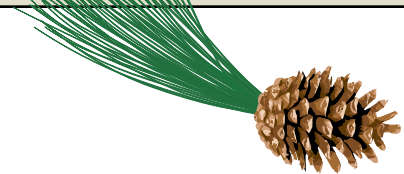



WHAT CAN YOU SEE?

Find a cool spot at LINVILLE FALLS where you can see the river or the falls. Close your eyes and then open them for ten seconds. See how many things you can write down that you saw during that time. You can compete with a friend and see who notices the most things!

GROWING OLD

Some of the large trees at Linville Falls started their life cycle over 300 years ago! Finish the chart showing the tree lifecycle and then draw one showing your own lifecycle:

KEEPING TRACK



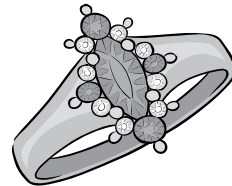
I visited Linville Falls on _____

I explored _____

I enjoyed _____

I discovered _____

The Museum of North Carolina Minerals



The Museum of North Carolina Minerals is a great place to view rocks and minerals. After completing the word search for birthstones, look for them during your visit to the museum. What is your birthstone? _____

X	N	X	G	A	R	N	E	T	A	R	T	A	O	O	E
A	P	H	I	E	N	I	R	A	M	Q	U	Q	A	S	H
N	R	O	X	R	O	F	O	U	E	O	R	B	A	O	X
J	T	Q	P	E	R	I	D	O	T	O	Q	P	Y	O	S
N	Z	N	C	K	Y	A	C	N	H	U	U	Q	E	L	N
S	X	D	D	S	S	V	S	Z	Y	S	O	N	K	Z	C
M	G	E	R	I	H	P	P	A	S	P	I	L	Y	K	Q
A	A	M	T	O	A	S	P	C	T	T	S	X	R	I	R
A	F	E	O	L	O	M	M	E	B	E	E	T	C	E	V
R	S	R	E	Z	A	P	O	T	P	M	L	W	Y	S	T
Q	E	A	N	R	F	E	A	N	R	C	S	P	R	E	N
S	I	L	C	E	L	T	C	L	D	W	T	T	N	N	E
S	G	D	R	O	A	T	I	R	I	S	E	A	Z	N	S
V	E	S	Z	A	N	D	Z	W	G	K	O	L	P	I	J
S	E	O	E	F	E	K	A	H	P	O	E	Y	J	I	S
E	C	C	P	K	R	P	P	C	N	R	B	F	N	T	H



Garnet <i>January</i>	Ruby <i>July</i>
Amethyst <i>February</i>	Peridot <i>August</i>
Aquamarine <i>March</i>	Sapphire <i>September</i>
Diamond <i>April</i>	Opal <i>October</i>
Emerald <i>May</i>	Topaz <i>November</i>
Pearl <i>June</i>	Turquoise <i>December</i>

Inside the Museum of North Carolina Minerals is an exhibit about the Overmountain Victory Trail. Can you identify these three items the Overmountain Man is carrying on his journey and how they were used?

**CRAGGY GARDENS, FOLK ART
CENTER, PARKWAY VISITOR CENTER**

MILEPOST

364-382

**MOUNT PISGAH,
WATERROCK KNOB, CHEROKEE**

MILEPOST

408-469

